

4 WAYS TO OVERCOME THE POWER OF A TITLE AFFIRMATIONS



I AM FEARFULLY AND WONDERFULLY MADE. WHEN GOD MADE ME HE WAS THOUGHTFUL AND INTENTIONAL. -PSALM 139:14

YOU DID NOT GIVE ME THE SPIRIT OF FEAR, BUT OF POWER, LOVE, AND A SOUND MIND. SO WHEN I BECOME FEARFUL THAT IS NOT FROM YOU GOD. -2 TIMOTHY 1:7

GOD MAKES EVERYTHING BEAUTIFUL IN ITS TIME. GOD IS NOT FINISH WITH ME, HE IS STILL WORKING ON ME. -ESSLESIAATES 3:11

I AM FORGIVEN BY GOD. SO I DO NOT HAVE TO HOLD ON TO MY PAST MISTAKES. I FORGIVE MYSELF FOR MY PAST MISTAKES AS WELL. -1 JOHN 1:9

I AM A NEW CREATURE IN CHRIST. I WILL NO LONGER IDENTIFY WITH MY PAST BECUASE THAT IS NOT ME ANYMORE. -2 CORINTHIANS 3:12

I AM CHOSEN, HOLY, AND DEARLY LOVED. GOD HAS ACCEPTED ME. HE HAS MADE ME HOLY. HE LOVES ME GREATLY. COLOSSIANS 3:15

4 WAYS TO OVERCOME THE POWER OF A TITLE DISASSOCIATE YOURSELF FROM UNWANTED TITLES:

RETRACE WHERE THOSE TITLES CAME FROM. WHEN WE ARE ABLE TO PINPOINT EXACTLY WHERE THOSE TITLES CAME FROM THEN WE CAN UNDERSTAND WHEN OUR MENTAL FOUNDATION BECAME UNSTABLE.

DISSECTING THE CONTEXT OF THE MOMENT WHEN YOU STARTED IDENTIFYING WITH THAT TITLE. NOW THAT YOU ARE ABLE TO UNDERSTAND WHEN AND HOW YOU ADOPTED THOSE TITLES YOU CAN NOW LOOKED AT WHO SAID IT AND WHY IT WAS SAID. THIS STEP IS LIKE LOOKING AT BOX FROM EVERY ANGLE.

DECISION TIME. THIS NEXT STEP IS WHERE YOU CAN DECIDE IS THIS TRUE. DOES THAT TITLE REALLY IDENTIFY WITH WHO YOU ARE? NOW IF YOU HAVE SAID YES, ANOTHER QUESTION TO ASK IS DO YOU WANT TO CONTINUE TO IDENTIFY WITH THAT TITLE? WE DO NOT HAVE TO STAY IMPRISONED TO SOMETHING THAT WE CAN WALK AWAY FROM.

REAFFIRMING YOURSELF. IF YOU HAVE DECIDE TO DISSOCIATE YOURSELF FROM THAT TITLE THEN THE NEXT STEP IS TO SPEAK OVER YOURSELF WORDS THAT YOU WOULD WANT TO REPRESENT YOU. TITLES THAT YOU HAVE NO PROBLEM BEING ASSOCIATED WITH. THE BEST PLACE TO FIND AFFIRMING WORDS IS GOD'S WORD, THE BIBLE. NOT ONLY IS THE BIBLE FILLED WITH ENCOURAGING WORDS BUT IT IS FILLED WITH TRUTH.

